



Effective immediately, [Children's HealthSM Virtual Visit](#) behavioral health consultations are available at no charge through Thursday, June 8.

To access this resource, download the Children's Health Virtual Visit app and schedule care. Enter code **SUPPORTALLEN** (case sensitive, no spaces) in place of payment information. Behavioral health visits must be scheduled within the app and are not available on demand. The code is available for use one time per patient.

Community resources

- [How to talk to children about tragic events](#): Age-appropriate guidance for discussing difficult events with the young people in your life.

Additionally, we remain dedicated to improving access to behavioral health services by leveraging the resources and expertise of the Children's Health Care Network, experts in the community and innovative solutions across North Texas. Our behavioral health care programs also include:

- Integrated Behavioral Health within medical homes
- [Texas Child Health Access Through Telemedicine](#) (TCHAT) for dozens of school districts
- [Child Psychiatry Access Network](#) (CPAN) for pediatricians
- [Behavioral Health Integration and Guidance](#), training primary care providers to identify, diagnose and treat behavioral health within the scope of their medical home, with the support of our specialists
- [Telebehavioral health](#) consults available on our Virtual Visit app
- Multiple specialized outpatient programs including [suicide prevention](#) (SPARC), [Teen Recovery Program](#), The Center for [Pediatric Eating Disorders](#) on our Plano campus and more

Network resources

- [Perimeter Behavioral Hospital](#)
- [Haven Behavioral Hospital of Frisco](#)

We hope that you find these tools to be helpful as you and your family navigate this challenging time. For additional information about Children's Health and how we can support your family, please visit childrens.com or call us at 844-424-4537.